



Legacy Christian Church will spend a day intentionally praying and fasting in response to all that is going on in our country.

Jesus prays the words, "On earth as it is in heaven." In the same mindset as Jesus, we believe that what happens in heaven can happen on earth as well! Let's spend the day intentionally seeking God and His intentions for what heaven on earth looks like!

Jeremiah 29:13 says, "You will seek me and you will find me, when you seek me with all your heart." The heart of God is moved when His people seek Him and ask that their prayers would line up with His will. Fasting is an act of obedience and faithfulness to God, putting Him first above our hunger for the things this world offers. As we spend time praying and fasting, consider the following:

Reasoning for fasting:

There are many circumstances in the Bible that we see people fasting:

- For repentance (Daniel 9:3-5; 1 Samuel 7:6; Jonah 3:5-9)
- For worshipping (Luke 2:37)
- For Mourning (2 Samuel 1:12; Nehemiah 1:4; Psalm 69:10)
- For humbling yourself or to stay away from temptation (Psalm 35:13-14; 1 Corinthians 7:5)

While there are numerous reasons to fast, we will fast on July 1 as a way to ask God for guidance and to show God how strongly we need His intervention. Acts 14:23 says, "Paul and Barnabas also appointed elders in every church. With prayer and fasting, they turned the elders over to the care of the Lord, in whom they had put their trust." 1 Samuel 12:16 says that, "David pleaded with God for the child. He fasted and spend the nights lying in sackcloth on the ground."

In asking for guidance, we are showing God how passionately we need His sovereign intervention to make a difference in our city! We want to see him heal wounds, abolish racism, and unite His people together! We are praying that He would give us creative ways to make a difference and stand up for those who have been discriminated against. Our efforts alone cannot do all these things so we are saying that we need Him! And we want to be intentional about showing Him that.

Suggestions for church-wide fast on July 1:

1. Start at sunrise! Set your alarm to wake up 15 minutes to an hour earlier than usual. Once you are awake, take the time to focus your heart and attention on God. Ask Him what His plans are for your day, and surrender your thoughts and actions to Him.
2. Plan to skip all the day's meals until the end of the prayer service. **NOTE:** *While this is what we recommend for the day, this is not a hardline rule. You can decide with God what timeframe you'd like to commit to prayer and fasting.*
3. Drink water!
4. Read through Acts 13 & 14 and learn about the people who came to know and were changed by Jesus as a result of the praying, fasting, and faithful labor that took place!
5. Spend time praying over the Kingdom on Earth prayer guide requests that are on the Kingdom on Earth webpage!
6. Normal, daily activities are good! Keep in the mindset of prayer as you go about your day!
7. Tune in to the Kingdom on Earth Prayer Service at 7:01pm!
8. At the end of the service, FEAST! Thank God for all He provides and for what all the He is going to do!

We can't wait to see how God moves!